

BMW

		<u>Standard</u>	<u>Heavy Duty</u>	<u>Instr.</u>	<u>Parts (x2)</u>
3-serie E30	83-90	30C09H	30C09E	A	auxiliary spring
3-serie E36	90-	30C09H	30C09E	D	auxiliary spring
3-serie Compact E36	94-	30C09H	30C09E	A	auxiliary spring
3-serie Touring E30	88-95	30C07H		A	auxiliary spring

DAEWOO

Espero	95-	30C09	30C09H	A	auxiliary spring
Lanos	97-	30C09	30C09H	A	auxiliary spring
Nexia	95-	30C07	30C07H	A	auxiliary spring

OPEL

Ascona C	81-88	30C05		C	auxiliary spring
Astra F	91-98	30C07	30C07H	A	auxiliary spring
Astra F Caravan	91-98	30C11	30C11H	A	auxiliary spring
Calibra	90-	30C14		A	auxiliary spring
Kadett D	79-84	30C03	30C03H	B	auxiliary spring + rubber collar
Kadett D Caravan	79-84	30C04	30C04H	B	auxiliary spring + rubber collar
Kadett E	84-91	30C07	30C07H	A	auxiliary spring
Kadett E Caravan	84-08/85	30C04	30C04H	B	auxiliary spring + rubber collar
Kadett E Caravan	09/85-91	30C11	30C11H	C	auxiliary spring
Monza	78-87	30C09H	30C09E	A	auxiliary spring
Omega A	86-94	30C12	30C12H	A	auxiliary spring
Omega B	94-	30C12	30C12H	A	auxiliary spring
Omega A Caravan	86-94	30C10	30C10H	A	auxiliary spring
Omega B Caravan	94-	30C13	30C13H	A*	auxiliary spring
Senator A,B	78-	30C09H	30C09E	A	auxiliary spring
Vectra A	88-95	30C09	30C09H	A	auxiliary spring

VAUXHALL

Astra	79-84	30C03	30C03H	B	auxiliary spring + rubber collar
Astra	84-98	30C07	30C07H	A	auxiliary spring
Astra Estate	79-85	30C04	30C04H	B	auxiliary spring + rubber collar
Astra Estate	85-91	30C11	30C11H	C	auxiliary spring
Astra Estate	91-98	30C11	30C11H	A	auxiliary spring
Carlton	86-94	30C09H	30C09E	A	auxiliary spring
Carlton Estate	86-94	30C10	30C10H	A	auxiliary spring
Cavalier	81-88	30C05		C	auxiliary spring
Cavalier	88-95	30C09	30C09H	A	auxiliary spring
Omega	94-	30C12	30C12H	A	auxiliary spring
Omega Caravan	94-	30C13	30C13H	A*	auxiliary spring
Royale, Senator A,B	78-	30C09H	30C09E	A	auxiliary spring

INSTRUCTIONS A:

1. Disconnect lower end shock absorbers at the rear. Jack up car until springs are almost free. There is no need to remove the main springs.
- * Omega B Caravan: disconnect left side of stabilizer bar.
2. Tilt widest end of aux. spring into lowest side opening of the main spring.
3. Screw aux. spring up into the main spring.
4. Re-connect shock absorbers (* stabilizer bar).

INSTRUCTIONS B:

1. Disconnect lower end shock absorbers at the rear. Remove rear main springs.
2. Place rubber collar on wide end of auxiliary spring - on top!
3. Insert auxiliary spring into main spring. Fit both springs.
4. Re-connect shock absorbers.

INSTRUCTIONS C:

1. Disconnect lower end shock absorbers at the rear. Jack up rear of car until springs are almost free. There is no need to remove main springs.
2. Screw narrow end of aux. spring up through lowest side opening into the main spring.
3. Re-connect shock absorbers.

INSTRUCTIONS D:

1. Disconnect lower end shock absorbers at the rear. Jack up rear of car until springs are almost free. There is no need to remove the main springs.
2. Screw narrow end of auxiliary spring down through upper side opening into the main spring. Guide lower aux. spring end over rubber bump stop.
3. Re-connect shock absorbers.